



Nutritional/Allergen Menu

Village Inn Restaurants has provided this guide for menu nutritional information to help you make better informed decisions when dining at Village Inn. To use this guide, simply look for the menu item in the appropriate section to see the nutritional information. Please note that we often make changes to our menu to better serve you, so be sure to check back to the website for the most updated information. Thank you!

Brightside BREAKFASTS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|
| 2 Eggs, any style except poached | 220 | 160 | 18 | 5 | 0 | 475 | 150 | 1 | 0 | 0 | 13 | • | | | | | • | | | | |
| Egg Whites (4 oz) | 120 | 60 | 7 | 1.5 | 0 | 0 | 190 | 1 | 0 | 1 | 12 | • | | | | | • | | | | |
| Low-Cholesterol Egg Substitute (4 oz) | 140 | 80 | 9 | 2 | 0 | 95 | 320 | 1 | 0 | 1 | 13 | • | | | | | • | | | | |
| 2 Poached Eggs | 140 | 90 | 10 | 3 | 0 | 370 | 140 | 1 | 0 | 0 | 13 | • | | | | | | | | | |
| Bacon & Eggs | 800 | 430 | 48 | 14 | 0 | 565 | 1610 | 58 | 2 | 9 | 31 | • | | • | | | • | | • | • | • |
| Sausage Links & Eggs | 1000 | 590 | 66 | 19 | 0.5 | 625 | 2000 | 59 | 2 | 10 | 41 | • | | • | | | • | | • | • | • |
| Sausage Patties & Eggs | 1170 | 760 | 85 | 29 | 0 | 655 | 2330 | 61 | 2 | 10 | 38 | • | | • | | | • | | • | • | • |
| Biscuits & Gravy with Eggs | 1520 | 910 | 102 | 40 | 0 | 600 | 3910 | 100 | 4 | 6 | 45 | • | | • | | | • | | • | • | • |
| 2-2-2 Breakfast with Bacon | 600 | 340 | 38 | 11 | 0 | 555 | 1030 | 38 | 1 | 9 | 24 | • | | • | | | • | | • | • | • |
| 2-2-2 Breakfast with Sausage | 700 | 420 | 47 | 14 | 0 | 585 | 1220 | 39 | 1 | 9 | 29 | • | | • | | | • | | • | • | • |
| Corned Beef Hash & Eggs | 930 | 440 | 49 | 13 | 1.5 | 605 | 2420 | 76 | 5 | 11 | 43 | • | | • | | | • | | • | • | • |
| 1/2 lb Chicken-Fried Steak & Eggs | 1420 | 750 | 84 | 22 | 1 | 630 | 3340 | 109 | 3 | 9 | 53 | • | | • | | | • | | • | • | • |
| Ultimate Breakfast | 1130 | 680 | 76 | 23 | 0.5 | 665 | 3090 | 61 | 2 | 12 | 52 | • | | • | | | • | | • | • | • |
| Top Sirloin & Eggs | 920 | 450 | 50 | 14 | 0 | 620 | 1840 | 59 | 2 | 9 | 53 | • | | • | | | • | | • | • | • |
| Eggs Benedict | 840 | 410 | 46 | 12 | 0 | 540 | 3100 | 64 | 3 | 4 | 38 | • | | • | | | • | | • | • | • |

expert SKILLETS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|
| 2 Eggs, any style except poached | 220 | 160 | 18 | 5 | 0 | 475 | 150 | 1 | 0 | 0 | 13 | • | | | | | • | | | | |
| Egg Whites (4 oz) | 120 | 60 | 7 | 1.5 | 0 | 0 | 190 | 1 | 0 | 1 | 12 | • | | | | | • | | | | |
| Low-Cholesterol Egg Substitute (4 oz) | 140 | 80 | 9 | 2 | 0 | 95 | 320 | 1 | 0 | 1 | 13 | • | | | | | • | | | | |
| Ultimate Skillet | 1490 | 920 | 103 | 32 | 0.5 | 680 | 2660 | 95 | 7 | 14 | 63 | • | | • | | | • | | • | • | • |
| Garden Fresh Skillet | 1190 | 730 | 81 | 26 | 0 | 590 | 1350 | 89 | 7 | 11 | 40 | • | | • | | | • | | • | • | • |
| California Skillet | 1350 | 820 | 91 | 26 | 0 | 605 | 1830 | 101 | 11 | 12 | 49 | • | | • | | | • | | • | • | • |



Nutritional/Allergen Menu

expert SKILLETS *continued*

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Rio Grande Skillet with Grilled Chicken | 1400 | 820 | 92 | 30 | 0 | 655 | 2620 | 101 | 9 | 17 | 58 | • | | • | | | • | | • | • |
| Rio Grande Skillet with Pork Carnitas | 1450 | 860 | 96 | 32 | 0 | 665 | 2650 | 101 | 9 | 17 | 62 | • | | • | | | • | | • | • |
| Chicken-Fried Steak Skillet | 1610 | 890 | 99 | 23 | 0 | 610 | 2850 | 126 | 7 | 10 | 49 | • | | • | | | • | | • | • |

fantastic FRENCH TOAST & WAFFLES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| French Toast Combo with Bacon | 710 | 320 | 35 | 10 | 0 | 575 | 960 | 65 | 1 | 17 | 33 | • | | • | | | • | | • | • |
| French Toast Combo with Sausage | 820 | 400 | 44 | 13 | 0 | 605 | 1150 | 66 | 1 | 17 | 38 | • | | • | | | • | | • | • |
| Just the French Toast | 540 | 190 | 22 | 6 | 0 | 325 | 670 | 65 | 1 | 17 | 22 | • | | • | | | • | | • | • |
| Strawberry-Banana Supreme French Toast | 850 | 300 | 33 | 13 | 0 | 375 | 690 | 114 | 4 | 57 | 26 | • | | • | | | • | | • | • |
| Belgian Waffle Combo with bacon | 610 | 310 | 34 | 11 | 0 | 355 | 1100 | 48 | 1 | 1 | 19 | • | | • | | | • | | • | • |
| Belgian Waffle Combo with sausage | 710 | 390 | 43 | 14 | 0 | 385 | 1290 | 48 | 1 | 2 | 24 | • | | • | | | • | | • | • |
| Just the Belgian Waffle | 440 | 190 | 21 | 7 | 0 | 105 | 810 | 47 | 1 | 1 | 8 | • | | • | | | • | | • | • |

SYRUPS & TOPPINGS

| | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|-----|----|-----|-----|---|---|-----|----|---|----|---|--|--|---|--|--|--|--|--|--|
| Maple-flavored Syrup, 1 oz | 110 | 0 | 0 | 0 | 0 | 0 | 45 | 27 | 0 | 17 | 0 | | | | | | | | | |
| Strawberry Syrup, 1 oz | 170 | 0 | 0 | 0 | 0 | 0 | 10 | 44 | 0 | 42 | 0 | | | | | | | | | |
| Blackberry Syrup, 1 oz | 180 | 0 | 0 | 0 | 0 | 0 | 40 | 45 | 0 | 42 | 0 | | | | | | | | | |
| Blueberry Syrup, 1 oz | 60 | 0 | 0 | 0 | 0 | 0 | 20 | 15 | 1 | 14 | 0 | | | | | | | | | |
| Sugar-free Maple Flavored Syrup, 1 oz | 10 | 0 | 0 | 0 | 0 | 0 | 75 | 4 | 0 | 0 | 0 | | | | | | | | | |
| Strawberry Topping | 100 | 0 | 0 | 0 | 0 | 0 | 35 | 24 | 1 | 21 | 1 | | | | | | | | | |
| Blueberry Topping | 250 | 5 | 0.5 | 0 | 0 | 0 | 75 | 62 | 2 | 57 | 0 | | | | | | | | | |
| Cinnamon Apple Topping | 150 | 0 | 0 | 0 | 0 | 0 | 120 | 36 | 2 | 33 | 0 | | | • | | | | | | |
| Strawberry Banana Topping | 190 | 5 | 0 | 0 | 0 | 0 | 35 | 48 | 4 | 33 | 2 | | | | | | | | | |
| Whipped Cream | 20 | 15 | 1.5 | 0.5 | 0 | 5 | 0 | 1 | 0 | 1 | 0 | | | • | | | | | | |



Nutritional/Allergen Menu

Three-egg OMELETTES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| 3 Eggs | 300 | 210 | 24 | 7 | 0 | 710 | 220 | 2 | 0 | 0 | 20 | • | | | | | • | | | | |
| Egg Whites (6 oz) | 150 | 60 | 7 | 1.5 | 0 | 0 | 280 | 1 | 0 | 1 | 19 | • | | | | | • | | | | |
| Low-Cholesterol Egg Substitute (6 oz) | 180 | 90 | 10 | 2.5 | 0 | 140 | 480 | 2 | 0 | 1 | 19 | • | | | | | • | | | | |
| Denver Omelette | 880 | 490 | 55 | 19 | 0 | 820 | 1780 | 64 | 3 | 11 | 41 | • | | • | | | • | | • | • | |
| Country Music Star Omelette | 1190 | 730 | 82 | 30 | 0 | 885 | 2670 | 68 | 3 | 12 | 52 | • | | • | | | • | | • | • | |
| Fresh Spinach & Bacon Omelette | 960 | 530 | 59 | 20 | 0.5 | 820 | 2120 | 67 | 3 | 10 | 44 | • | | • | | | • | | • | • | |
| Garden Veggie Omelette | 740 | 230 | 25 | 9 | 0 | 155 | 1760 | 97 | 7 | 32 | 40 | • | | • | | | • | | • | • | |
| CREATE YOUR OWN OMELETTE | | | | | | | | | | | | | | | | | | | | | |
| Create Your Own Omelette (no add-ins) | 840 | 480 | 53 | 18 | 0 | 805 | 1440 | 60 | 2 | 9 | 36 | • | | • | | | • | | • | • | |
| Onions | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | | | | | | | | | | |
| Mushrooms | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | | | | | | | | | | |
| Fresh Spinach | 5 | 0 | 0 | 0 | 0 | 0 | 10 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Tomatoes | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Broccoli | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Green Peppers | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Red Peppers | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | | | | | | | | | | |
| Artichokes | 5 | 0 | 0 | 0 | 0 | 0 | 95 | 1 | 1 | 1 | 1 | | | | | | | | | | |
| Hollandaise Sauce | 35 | 0 | 0 | 0 | 0 | 0 | 460 | 5 | 0 | 0 | 0 | | | • | | | • | | • | • | |
| Ranchero Sauce | 35 | 15 | 2 | 0 | 0 | 0 | 250 | 4 | 1 | 1 | 0 | | | • | | | • | | • | • | |
| Country Gravy | 40 | 25 | 2.5 | 1 | 0 | 5 | 210 | 3 | 0 | 0 | 1 | | | • | | | • | | • | • | |
| Bacon | 30 | 20 | 2 | 1 | 0 | 5 | 105 | 0 | 0 | 0 | 2 | | | | | | | | | | |
| Sausage Link | 80 | 60 | 7 | 2 | 0 | 20 | 200 | 0 | 0 | 0 | 5 | | | | | | | | | | |
| Sausage Patty | 240 | 200 | 22 | 9 | 0 | 55 | 570 | 1 | 0 | 1 | 8 | | | | | | | | | | |
| Ham | 35 | 15 | 1.5 | 0.5 | 0 | 15 | 340 | 2 | 0 | 1 | 5 | | | | | | | | | | |
| Carnitas | 70 | 25 | 2.5 | 1.5 | 0 | 30 | 370 | 0 | 0 | 0 | 11 | | | | | | | | | | |
| Avocado | 80 | 70 | 7 | 1 | 0 | 0 | 0 | 4 | 3 | 0 | 1 | | | | | | | | | | |



Nutritional/Allergen Menu

southwest FAVORITES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Smothered Breakfast Burrito with Pork Carnitas | 1370 | 710 | 80 | 22 | 0 | 560 | 2200 | 118 | 11 | 11 | 55 | • | | • | | | • | | • | • |
| Smothered Breakfast Burrito with Roasted Chicken Breast | 1330 | 700 | 78 | 21 | 0.5 | 555 | 2190 | 118 | 11 | 11 | 50 | • | | • | | | • | | • | • |
| Tres Huevos Rancheros with Pork Carnitas | 1020 | 550 | 62 | 22 | 0 | 805 | 2050 | 59 | 14 | 6 | 58 | • | | • | | | • | | | |
| Tres Huevos Rancheros with Roasted Chicken Breast | 980 | 530 | 60 | 21 | 0.5 | 800 | 2050 | 59 | 14 | 6 | 53 | • | | • | | | • | | | |

made-from-scratch PANCAKES & CREPES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Buttermilk Pancake Combo with Bacon | 850 | 360 | 40 | 12 | 0 | 415 | 1850 | 92 | 2 | 22 | 27 | • | | • | | | • | | • | • |
| Buttermilk Pancake Combo with Sausage | 950 | 440 | 49 | 15 | 0 | 445 | 2040 | 92 | 2 | 23 | 32 | • | | • | | | • | | • | • |
| Just the Pancakes | 680 | 230 | 26 | 8 | 0 | 165 | 1560 | 91 | 2 | 22 | 16 | • | | • | | | • | | • | • |
| Double Blueberry Pancakes with Bacon | 1000 | 250 | 28 | 9 | 0 | 185 | 1810 | 162 | 5 | 86 | 21 | • | | • | | | | | • | • |
| Double Blueberry Pancakes with Sausage | 1100 | 330 | 37 | 12 | 0 | 215 | 2010 | 162 | 5 | 87 | 26 | • | | • | | | | | • | • |
| Fruit & Nut Multigrain Pancakes | 720 | 140 | 16 | 6 | 0 | 0 | 1280 | 137 | 10 | 45 | 19 | • | | • | | | • | • | • | • |
| Strawberry Crepes Combo with Bacon | 900 | 370 | 42 | 17 | 0.5 | 245 | 900 | 106 | 4 | 49 | 22 | • | | • | | | • | | • | • |
| Strawberry Crepes Combo with Sausage | 1000 | 450 | 51 | 19 | 0.5 | 275 | 1090 | 106 | 4 | 49 | 27 | • | | • | | | • | | • | • |

V.I.B.

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| 2 Eggs, any style except poached | 220 | 160 | 18 | 5 | 0 | 475 | 150 | 1 | 0 | 0 | 13 | • | | | | | • | | | |
| 2 Poached Eggs | 140 | 90 | 10 | 3 | 0 | 370 | 140 | 1 | 0 | 0 | 13 | • | | | | | | | | |
| 2 Egg Cheese Omelette | 300 | 240 | 27 | 11 | 0 | 500 | 330 | 2 | 0 | 0 | 20 | • | | • | | | • | | | |
| 2 Egg Low-Cholesterol Egg Substitute Omelette with Part-Skim Mozzarella | 220 | 140 | 15 | 5 | 0 | 110 | 490 | 2 | 0 | 1 | 21 | • | | • | | | • | | | |



Nutritional/Allergen Menu

V.I.B. continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|--|
| 2 Egg White Omelette with Part-Skim Mozzarella | 200 | 120 | 13 | 5 | 0 | 15 | 360 | 2 | 0 | 1 | 20 | • | | • | | | • | | | | | |
| 2 Bacon Strips | 60 | 40 | 4.5 | 1.5 | 0 | 15 | 210 | 0 | 0 | 0 | 4 | | | | | | | | | | | |
| 2 Sausage Links | 160 | 120 | 14 | 4.5 | 0 | 45 | 410 | 1 | 0 | 1 | 9 | | | | | | | | | | | |
| 1 Sausage Patty | 230 | 190 | 21 | 9 | 0 | 55 | 570 | 1 | 0 | 1 | 8 | | | | | | | | | | | |
| 1/4 lb Burger Patty | 240 | 190 | 21 | 9 | 0 | 60 | 50 | 0 | 0 | 0 | 12 | | | | | | | | | | | |
| 2 Turkey Sausage Links | 100 | 70 | 8 | 2 | 0 | 40 | 340 | 0 | 0 | 0 | 10 | | | | | | | | | | | |
| Country Potatoes | 420 | 220 | 25 | 3 | 0 | 0 | 180 | 45 | 5 | 0 | 5 | | | | | | • | | | | | |
| Golden Hash Browns | 160 | 60 | 7 | 1.5 | 0 | 0 | 390 | 20 | 1 | 0 | 3 | | | | | | • | | | | | |
| Quaker® Oatmeal Plain | 220 | 45 | 4.5 | 1 | 0 | 0 | 10 | 37 | 5 | 1 | 8 | | | | | | | | | | • | |
| Quaker® Oatmeal with Brown Sugar, Milk & Margarine | 430 | 100 | 12 | 4 | 0 | 10 | 105 | 70 | 5 | 33 | 12 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Strawberries | 440 | 110 | 12 | 4 | 0 | 10 | 105 | 72 | 6 | 35 | 12 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Bananas | 490 | 110 | 12 | 4 | 0 | 10 | 105 | 83 | 7 | 40 | 13 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Blueberries | 460 | 110 | 12 | 4 | 0 | 10 | 105 | 77 | 6 | 38 | 12 | | | • | | | • | | | | • | |
| Quaker® Oatmeal Plain (Instant) | 200 | 35 | 4 | 0 | 0 | 0 | 160 | 38 | 6 | 0 | 8 | | | | | | | | | | • | |
| Quaker® Oatmeal with Brown Sugar, Milk and Margarine (Instant) | 410 | 100 | 11 | 3 | 0 | 10 | 250 | 70 | 6 | 32 | 12 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Strawberries (Instant) | 420 | 100 | 11 | 3 | 0 | 10 | 250 | 73 | 7 | 34 | 12 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Bananas (Instant) | 460 | 100 | 11 | 3 | 0 | 10 | 250 | 84 | 8 | 40 | 13 | | | • | | | • | | | | • | |
| Quaker® Oatmeal with Blueberries (Instant) | 440 | 100 | 11 | 3 | 0 | 10 | 250 | 77 | 7 | 37 | 12 | | | • | | | • | | | | • | |
| Fresh Fruit | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 6 | 0 | | | | | | | | | | | |
| Cinnamon Apples | 100 | 0 | 0 | 0 | 0 | 0 | 80 | 24 | 1 | 22 | 0 | | | • | | | | | | | | |
| Grits | 180 | 60 | 7 | 2.5 | 0 | 0 | 180 | 26 | 2 | 0 | 3 | | | • | | | • | | | | | |
| Biscuit with Country Sausage Gravy | 330 | 140 | 16 | 8 | 0 | 5 | 1120 | 38 | 1 | 2 | 7 | | | • | | | • | | • | | • | |
| Toast, Rye | 350 | 100 | 11 | 2.5 | 0 | 0 | 440 | 50 | 4 | 2 | 10 | | | • | | | • | | • | | • | |
| Toast, Sourdough | 330 | 90 | 10 | 2.5 | 0 | 0 | 560 | 48 | 2 | 1 | 10 | | | • | | | • | | • | | • | |
| Toast, Wheat | 350 | 100 | 11 | 2.5 | 0 | 0 | 540 | 50 | 4 | 6 | 10 | | | • | | | • | | • | | • | |
| Toast, White | 270 | 90 | 10 | 2.5 | 0 | 0 | 400 | 34 | 1 | 2 | 6 | | | • | | | • | | • | | • | |
| English Muffin | 170 | 25 | 2.5 | 0 | 0 | 0 | 380 | 30 | 2 | 1 | 6 | | | • | | | • | | • | | • | |
| 2 Pieces French Toast | 260 | 90 | 10 | 3 | 0 | 165 | 350 | 32 | 1 | 8 | 11 | • | | • | | | • | | • | | • | |



Nutritional/Allergen Menu

V.I.B. continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| 1/2 Waffle | 260 | 120 | 13 | 4.5 | 0 | 60 | 460 | 26 | 0 | 1 | 5 | • | | • | | | • | | • | • | |
| 2 Buttermilk Pancakes | 210 | 90 | 10 | 3.5 | 0 | 45 | 440 | 24 | 0 | 6 | 4 | • | | • | | | • | | • | • | |
| 2 Multigrain Pancakes | 270 | 40 | 4.5 | 2.5 | 0 | 0 | 570 | 53 | 3 | 16 | 8 | • | | • | | | • | | • | • | |
| 2 Chocolate Chip Pancakes | 360 | 110 | 12 | 6 | 0 | 55 | 430 | 58 | 2 | 34 | 6 | • | | • | | | • | | • | • | |
| 1 Strawberry Crepe | 350 | 140 | 16 | 7 | 0 | 120 | 150 | 44 | 1 | 25 | 8 | • | | • | | | • | | • | • | |
| V.I.B. SUPREMES | | | | | | | | | | | | | | | | | | | | | |
| 1/2 Ham Steak | 230 | 170 | 19 | 6 | 0 | 65 | 1280 | 3 | 0 | 3 | 16 | | | | | | | | | | |
| Small Chicken-Fried Steak with Country Sausage Gravy | 280 | 150 | 17 | 4.5 | 0 | 30 | 830 | 20 | 1 | 0 | 12 | • | | • | | | • | | • | • | |
| Chicken Strips with Syrup | 350 | 130 | 15 | 2 | 0 | 30 | 640 | 42 | 0 | 17 | 13 | • | | • | | | • | | • | • | |
| Chicken Strips with Country Sausage Gravy | 260 | 140 | 16 | 2.5 | 0 | 35 | 700 | 16 | 0 | 0 | 13 | • | | • | | | • | | • | • | |
| 2 Banana Nut Multigrain Pancakes | 420 | 130 | 15 | 3.5 | 0 | 0 | 570 | 69 | 6 | 24 | 10 | • | | • | | | • | • | • | • | |

satisfying SANDWICHES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|-------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Turkey Bacon Avocado Melt (no side) | 860 | 440 | 49 | 12 | 0 | 95 | 1550 | 62 | 8 | 11 | 40 | • | | • | | | • | | • | • |
| Marbled Rye Reuben (no side) | 690 | 340 | 38 | 15 | 0 | 120 | 2000 | 57 | 4 | 5 | 46 | • | | • | | | • | | • | • |
| Chicken Ranch (no side) | 1320 | 850 | 94 | 23 | 0 | 155 | 2820 | 67 | 2 | 9 | 53 | • | | • | | | • | | • | • |
| Bacon Lover's BLT (no side) | 500 | 260 | 29 | 4.5 | 0 | 50 | 1030 | 37 | 2 | 3 | 20 | • | | | | | • | | • | • |
| Add a sunnyside egg | 110 | 80 | 9 | 2.5 | 0 | 235 | 75 | 1 | 0 | 0 | 7 | • | | | | | • | | | |
| Grown-Up Grilled Cheese (no side) | 650 | 380 | 42 | 21 | 0 | 85 | 1700 | 38 | 2 | 3 | 35 | | | • | | | • | | • | • |
| Classic French Dip (no side) | 770 | 340 | 38 | 16 | 0 | 140 | 3270 | 55 | 2 | 1 | 64 | | | • | | | • | | • | • |
| Double Decker Club (no side) | 760 | 350 | 39 | 7 | 0 | 100 | 1910 | 55 | 2 | 6 | 41 | • | | • | | | • | | • | • |



Nutritional/Allergen Menu

satisfying SANDWICHES *continued*

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| SANDWICH BREAD CHOICES | | | | | | | | | | | | | | | | | | | | | |
| Marbled Rye | 280 | 35 | 4 | 0 | 0 | 0 | 380 | 50 | 4 | 2 | 10 | | | | | | • | | • | • | |
| Sourdough | 260 | 25 | 3 | 0 | 0 | 0 | 500 | 48 | 2 | 1 | 10 | | | | | | • | | • | • | |
| Wheat | 280 | 35 | 4 | 0 | 0 | 0 | 480 | 50 | 4 | 6 | 10 | | | | | | • | | • | • | |
| White | 200 | 25 | 3 | 0 | 0 | 0 | 340 | 34 | 1 | 2 | 6 | | | | | | • | | • | • | |

crush BURGERS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Patty Melt (no side) | 930 | 560 | 63 | 26 | 0 | 135 | 1120 | 54 | 5 | 3 | 40 | | | • | | | • | | • | • |
| All-World Double Cheeseburger® (no side) | 1480 | 970 | 109 | 43 | 0 | 250 | 1830 | 63 | 3 | 15 | 63 | • | | • | | | • | | • | • |
| All-American Cheeseburger, no cheese (no side) | 710 | 390 | 43 | 17 | 0 | 95 | 830 | 48 | 2 | 9 | 28 | | | • | | | • | | • | • |
| Substitute Grilled Chicken Breast (breast only) | 190 | 90 | 10 | 2 | 0 | 75 | 430 | 0 | 0 | 0 | 24 | | | | | | • | | | |

ADDITIONAL BURGER ADD-ONS

| | | | | | | | | | | | | | | | | | | | | |
|---------------------|-----|----|-----|-----|---|-----|-----|----|---|---|---|---|--|---|--|--|---|--|---|---|
| 2 Bacon Strips | 60 | 40 | 4.5 | 1.5 | 0 | 15 | 210 | 0 | 0 | 0 | 4 | | | | | | | | | |
| Sliced Avocado | 80 | 70 | 7 | 1 | 0 | 0 | 0 | 4 | 3 | 0 | 1 | | | | | | | | | |
| 2 Fried Onion Rings | 70 | 25 | 3 | 0 | 0 | 0 | 75 | 10 | 1 | 2 | 1 | | | • | | | • | | • | • |
| Fried Egg | 110 | 80 | 9 | 2.5 | 0 | 235 | 75 | 1 | 0 | 0 | 7 | • | | | | | • | | | |

CHOICE OF CHEESE, 1 SLICE

| | | | | | | | | | | | | | | | | | | | | |
|-------------|-----|----|---|-----|---|----|-----|---|---|---|---|--|--|---|--|--|---|--|--|--|
| American | 70 | 50 | 6 | 3.5 | 0 | 15 | 240 | 0 | 0 | 0 | 4 | | | • | | | • | | | |
| Bleu | 100 | 70 | 8 | 5 | 0 | 25 | 380 | 1 | 1 | 0 | 6 | | | • | | | | | | |
| Cheddar | 110 | 80 | 9 | 5 | 0 | 30 | 180 | 1 | 0 | 0 | 7 | | | • | | | | | | |
| Mozzarella | 80 | 50 | 6 | 3.5 | 0 | 15 | 170 | 1 | 0 | 0 | 8 | | | • | | | | | | |
| Pepper Jack | 60 | 45 | 5 | 3 | 0 | 15 | 15 | 1 | 0 | 1 | 3 | | | • | | | • | | | |
| Swiss | 70 | 70 | 8 | 5 | 0 | 25 | 60 | 1 | 0 | 0 | 8 | | | • | | | | | | |



Nutritional/Allergen Menu

sandwich & burger SIDES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Seasoned French Fries | 370 | 180 | 20 | 3 | 0 | 0 | 270 | 34 | 3 | 0 | 3 | | | | | | • | | | | |
| Fresh Coleslaw | 140 | 100 | 11 | 1.5 | 0 | 15 | 260 | 10 | 1 | 9 | 1 | • | | | | | • | | | | |
| Fresh Fruit | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 6 | 0 | | | | | | | | | | |
| Side Salad (no dressing) | 30 | 5 | 0.5 | 0 | 0 | 0 | 50 | 6 | 1 | 2 | 1 | | | • | | | | | • | • | |
| Cup of Soup see soups section | | | | | | | | | | | | | | | | | | | | | |

fresh GARDEN SALADS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Classy Cobb Salad (no dressing) | 490 | 310 | 35 | 11 | 0 | 310 | 930 | 13 | 6 | 5 | 33 | • | | • | | | • | | | | |
| Classy Cobb Salad (no dressing), lunch size | 360 | 220 | 25 | 7 | 0 | 290 | 620 | 7 | 3 | 3 | 26 | • | | • | | | • | | | | |
| Celebrity Chef Salad (no dressing) | 440 | 200 | 22 | 8 | 0 | 315 | 1270 | 24 | 3 | 7 | 40 | • | | • | | | | | • | • | |
| Celebrity Chef Salad (no dressing), lunch size | 270 | 130 | 14 | 5 | 0 | 275 | 680 | 13 | 2 | 4 | 24 | • | | • | | | | | • | • | |
| Southwest Salad | 800 | 480 | 54 | 4.5 | 0 | 105 | 1150 | 46 | 10 | 15 | 34 | • | • | • | | | • | | • | • | |
| Southwest Salad, lunch size | 430 | 270 | 30 | 3 | 0 | 50 | 580 | 24 | 5 | 8 | 17 | • | • | • | | | • | | • | • | |

SALAD DRESSINGS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Blue Cheese Dressing, 1.5 oz | 250 | 230 | 25 | 5 | 0 | 20 | 340 | 1 | 0 | 1 | 3 | • | | • | | | • | | | | |
| Blue Cheese Dressing, 3 oz | 510 | 460 | 51 | 10 | 0 | 45 | 690 | 3 | 0 | 3 | 6 | • | | • | | | • | | | | |
| French Dressing, 1.5 oz | 190 | 160 | 18 | 3 | 0 | 0 | 310 | 10 | 0 | 9 | 0 | | | | | | • | | | | |
| French Dressing, 3 oz | 390 | 320 | 36 | 6 | 0 | 0 | 630 | 21 | 0 | 18 | 0 | | | | | | • | | | | |
| Honey Mustard Dressing, 1.5 oz | 250 | 230 | 25 | 3.5 | 0 | 30 | 300 | 6 | 0 | 6 | 0 | • | | | | | • | | | | |
| Honey Mustard Dressing, 3 oz | 510 | 460 | 51 | 7 | 0 | 60 | 600 | 12 | 0 | 12 | 0 | • | | | | | • | | | | |
| Lite Olive Oil Vinaigrette, 1.5 oz | 90 | 80 | 9 | 1.5 | 0 | 0 | 390 | 4 | 0 | 3 | 0 | | | | | | • | | | | |
| Lite Olive Oil Vinaigrette, 3 oz | 180 | 160 | 18 | 3 | 0 | 0 | 780 | 9 | 0 | 6 | 0 | | | | | | • | | | | |
| Poppy Seed Dressing, 1.5 oz | 160 | 90 | 10 | 2 | 0 | 0 | 420 | 15 | 0 | 13 | 0 | | | • | | | • | | | | |
| Poppy Seed Dressing, 3 oz | 330 | 190 | 21 | 4.5 | 0 | 0 | 840 | 30 | 0 | 27 | 0 | | | • | | | • | | | | |
| Ranch Dressing, 1.5 oz | 180 | 160 | 18 | 0 | 0 | 15 | 250 | 1 | 0 | 1 | 1 | • | | • | | | • | | | | |



Nutritional/Allergen Menu

fresh GARDEN SALADS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|----------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| SALAD DRESSINGS continued | | | | | | | | | | | | | | | | | | | | | |
| Ranch Dressing, 3 oz | 350 | 330 | 36 | 0 | 0 | 35 | 490 | 2 | 0 | 2 | 2 | • | | • | | | • | | | | |
| Chipotle Ranch Dressing, 1.5 oz | 170 | 150 | 17 | 0.5 | 0 | 15 | 300 | 2 | 0 | 1 | 1 | • | • | • | | | • | | • | • | |
| Chipotle Ranch Dressing, 3 oz. | 330 | 300 | 33 | 1 | 0 | 30 | 600 | 4 | 0 | 3 | 2 | • | • | • | | | • | | • | • | |
| Thousand Island, 1.5 oz | 190 | 180 | 19 | 3 | 0 | 15 | 330 | 6 | 0 | 6 | 0 | • | | | | | • | | | | |
| Thousand Island, 3 oz | 390 | 350 | 39 | 6 | 0 | 30 | 660 | 12 | 0 | 12 | 0 | • | | | | | • | | | | |

pick 2 PERFECT PAIRINGS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Half Paris Griller Sandwich | 420 | 230 | 25 | 13 | 0 | 80 | 1310 | 27 | 1 | 1 | 36 | | | • | | | • | | • | • | |
| Half Reuben Sandwich | 340 | 170 | 19 | 8 | 0 | 60 | 900 | 28 | 2 | 2 | 23 | • | | • | | | • | | • | • | |
| Half Grown-Up Grilled Cheese Sandwich | 320 | 190 | 21 | 10 | 0 | 40 | 730 | 19 | 1 | 2 | 17 | | | • | | | • | | • | • | |
| Garden Salad | 35 | 5 | 1 | 0 | 0 | 0 | 60 | 7 | 1 | 2 | 2 | | | • | | | | | • | • | |
| Southwest Salad | 220 | 140 | 16 | 1 | 0 | 10 | 240 | 18 | 4 | 5 | 4 | • | • | • | | | • | | • | • | |
| SANDWICH BREAD CHOICES | | | | | | | | | | | | | | | | | | | | | |
| Marbled Rye | 140 | 20 | 2 | 0 | 0 | 0 | 190 | 25 | 2 | 1 | 5 | | | | | | • | | • | • | |
| Sourdough | 130 | 15 | 1.5 | 0 | 0 | 0 | 250 | 24 | 1 | 1 | 5 | | | | | | • | | • | • | |
| Wheat | 140 | 20 | 2 | 0 | 0 | 0 | 240 | 25 | 2 | 3 | 5 | | | | | | • | | • | • | |
| White | 100 | 15 | 1.5 | 0 | 0 | 0 | 170 | 17 | 1 | 1 | 3 | | | | | | • | | • | • | |



Nutritional/Allergen Menu

SOUPS & CHILI

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|-------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Chicken Noodle, Cup | 45 | 0 | 0 | 0 | 0 | 15 | 760 | 8 | 1 | 1 | 3 | • | | | | | | | • | • |
| Chicken Noodle, Bowl | 90 | 0 | 0 | 0 | 0 | 30 | 1510 | 15 | 3 | 2 | 6 | • | | | | | | | • | • |
| Tomato Basil, Cup | 180 | 130 | 15 | 9 | 0 | 45 | 590 | 9 | 1 | 4 | 1 | | | • | | | • | | | |
| Tomato Basil, Bowl | 350 | 270 | 29 | 18 | 0 | 90 | 1180 | 18 | 3 | 9 | 3 | | | • | | | • | | | |
| Clam Chowder, Cup | 120 | 70 | 8 | 2.5 | 0 | 10 | 690 | 11 | 0 | 2 | 3 | | | • | | • | • | | • | • |
| Clam Chowder, Bowl | 250 | 140 | 15 | 4.5 | 0 | 15 | 1380 | 22 | 0 | 3 | 6 | | | • | | • | • | | • | • |
| Cream of Broccoli, Cup | 90 | 50 | 5 | 3.5 | 0 | 15 | 600 | 6 | 2 | 1 | 3 | | | • | | | • | | • | • |
| Cream of Broccoli, Bowl | 180 | 100 | 11 | 7 | 0 | 30 | 1210 | 13 | 5 | 1 | 7 | | | • | | | • | | • | • |
| Vegetable Beef, Cup | 80 | 30 | 3 | 1 | 0 | 5 | 670 | 9 | 2 | 3 | 3 | | | | | | • | | • | • |
| Vegetable Beef, Bowl | 150 | 60 | 6 | 2 | 0 | 15 | 1350 | 18 | 4 | 5 | 6 | | | | | | • | | • | • |
| Wisconsin Cheese, Cup | 190 | 110 | 12 | 7 | 0 | 40 | 870 | 13 | 0 | 5 | 10 | | | • | | | • | | • | • |
| Wisconsin Cheese, Bowl | 380 | 220 | 25 | 14 | 0 | 75 | 1700 | 24 | 0 | 10 | 19 | | | • | | | • | | • | • |
| Pork Green Chili, Cup | 90 | 35 | 4 | 1.5 | 0 | 15 | 860 | 10 | 2 | 3 | 7 | | | • | | | • | | | |
| Pork Green Chili, Bowl | 180 | 70 | 8 | 3 | 0 | 30 | 1720 | 20 | 3 | 6 | 13 | | | • | | | • | | | |

CRACKERS

| | | | | | | | | | | | | | | | | | | | | |
|------------------|----|----|-----|---|---|---|----|---|---|---|---|--|--|--|--|--|---|--|---|---|
| Gold Crackers | 30 | 10 | 1 | 0 | 0 | 0 | 55 | 4 | 0 | 0 | 0 | | | | | | | | • | • |
| Saltine Crackers | 25 | 5 | 0.5 | 0 | 0 | 0 | 80 | 5 | 0 | 0 | 0 | | | | | | • | | • | • |

savory DINNERS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Lemon Artichoke Chicken (no side) | 560 | 310 | 35 | 9 | 0.5 | 155 | 1420 | 8 | 3 | 3 | 51 | | | • | | | • | | | |
| Chicken Pot Pie (with side salad, no dressing) | 1220 | 770 | 85 | 42 | 1 | 250 | 3160 | 82 | 5 | 11 | 29 | • | | • | | | • | | • | • |
| Chicken Tenders (no side) | 920 | 480 | 53 | 13 | 0 | 80 | 2320 | 70 | 2 | 2 | 37 | • | | • | | | • | | • | • |
| Fish & Chips (no side) | 1510 | 830 | 92 | 13 | 0 | 80 | 2860 | 122 | 14 | 7 | 36 | • | • | • | | | • | | • | • |
| All You Can Eat Fish Fry (first order) | 1260 | 700 | 78 | 11 | 0 | 150 | 1470 | 78 | 6 | 10 | 48 | • | • | • | | | • | | • | • |
| All You Can Eat Fish Fry (second order) | 410 | 190 | 22 | 3 | 0 | 80 | 480 | 21 | 1 | 1 | 29 | | • | • | | | • | | • | • |



Nutritional/Allergen Menu

homestyle DINNERS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| 1/2 lb Chicken-Fried Steak (no side) | 1060 | 560 | 62 | 19 | 0.5 | 90 | 2990 | 84 | 2 | 2 | 36 | • | | • | | | • | | • | • |
| Pot Roast (no side) | 790 | 310 | 35 | 14 | 0 | 95 | 2310 | 64 | 3 | 4 | 48 | | | • | | | • | • | • | • |
| All-American Meatloaf (no side) | 890 | 430 | 48 | 18 | 0 | 190 | 3050 | 82 | 4 | 17 | 31 | • | | • | | | • | • | • | • |
| Top Sirloin (no side) | 360 | 100 | 11 | 2.5 | 0 | 80 | 890 | 27 | 1 | 2 | 36 | | | • | | | • | | • | • |
| Slow Roasted Turkey (with sides) | 1000 | 320 | 35 | 15 | 0 | 80 | 3930 | 116 | 5 | 26 | 44 | | | • | | | • | • | • | • |

dinner SIDES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Cup of Soup see soup section | | | | | | | | | | | | | | | | | | | | |
| Side Garden Salad (no dressing) | 30 | 5 | 0.5 | 0 | 0 | 0 | 50 | 6 | 1 | 2 | 1 | | | • | | | | | • | • |
| Fresh Coleslaw | 140 | 100 | 11 | 1.5 | 0 | 15 | 260 | 10 | 1 | 9 | 1 | • | | | | | • | | | |
| Fresh Fruit | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 6 | 0 | | | | | | | | | |
| Fresh Broccoli | 25 | 5 | 0 | 0 | 0 | 0 | 25 | 4 | 2 | 1 | 3 | | | | | | | | | |
| Green Beans | 90 | 60 | 7 | 2 | 0 | 0 | 200 | 5 | 2 | 2 | 1 | | | • | | | • | | | |
| Corn | 200 | 50 | 6 | 2 | 0 | 0 | 110 | 28 | 4 | 9 | 5 | | | • | | | • | | | |
| Rice Pilaf | 100 | 30 | 3 | 2 | 0 | 10 | 320 | 16 | 1 | 0 | 2 | | | • | | | | | • | • |
| Cornbread Stuffing | 200 | 60 | 7 | 2 | 0 | 0 | 900 | 29 | 1 | 3 | 5 | | | • | | | • | | • | • |
| Onion Rings | 220 | 80 | 9 | 1 | 0 | 0 | 220 | 30 | 2 | 5 | 3 | | | • | | | • | | • | • |
| Seasoned French Fries | 370 | 180 | 20 | 3 | 0 | 0 | 270 | 34 | 3 | 0 | 3 | | | | | | • | | | |
| Red Skin Mashed Potatoes | 130 | 25 | 3 | 2.5 | 0 | 0 | 470 | 26 | 2 | 1 | 2 | | | • | | | • | • | | |
| Brown Gravy | 50 | 30 | 3 | 1 | 0 | 0 | 300 | 4 | 0 | 0 | 1 | | | • | | | • | | • | • |
| Turkey Gravy | 25 | 5 | 0.5 | 0 | 0 | 5 | 400 | 4 | 0 | 1 | 1 | | | • | | | • | | • | • |
| Country Sausage Gravy | 40 | 25 | 2.5 | 1 | 0 | 5 | 210 | 3 | 0 | 0 | 1 | | | • | | | • | | • | • |



Nutritional/Allergen Menu

BEVERAGES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Premium Roast Coffee, Regular | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Premium Roast Coffee, Decaffeinated | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | | | | | | | | | | |
| Iced Coffee | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Iced Coffee, French Vanilla | 170 | 60 | 6 | 4 | 0 | 20 | 35 | 27 | 0 | 25 | 2 | | | • | | | | | | | |
| Iced Coffee, Rich Caramel | 180 | 60 | 6 | 4 | 0 | 20 | 35 | 28 | 0 | 26 | 2 | | | • | | | | | | | |
| Iced Coffee, Mocha | 170 | 60 | 7 | 4.5 | 0 | 20 | 50 | 28 | 1 | 22 | 3 | | | • | | | | | | | |
| Hot Chocolate | 230 | 25 | 3 | 1.5 | 0 | 5 | 390 | 51 | 0 | 39 | 0 | | | • | | | | • | | | |
| Milk, Small (2%) | 170 | 60 | 7 | 4 | 0 | 25 | 170 | 16 | 0 | 16 | 11 | | | • | | | | | | | |
| Milk, Large (2%) | 290 | 100 | 11 | 7 | 0 | 45 | 290 | 27 | 0 | 27 | 18 | | | • | | | | | | | |
| Chocolate Milk, Small (Whole Milk) | 290 | 90 | 11 | 7 | 0 | 45 | 260 | 38 | 0 | 35 | 11 | | | • | | | | | | | |
| Chocolate Milk, Large (Whole Milk) | 500 | 160 | 18 | 11 | 0 | 80 | 450 | 65 | 0 | 61 | 18 | | | • | | | | | | | |
| Chocolate Milk, Small (1% Milk) | 200 | 30 | 3.5 | 2 | 0 | 15 | 250 | 32 | 0 | 29 | 11 | | | • | | | | | | | |
| Chocolate Milk, Large (1% Milk) | 340 | 50 | 6 | 3.5 | 0 | 25 | 430 | 54 | 0 | 50 | 18 | | | • | | | | | | | |
| Hot Tea | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | | | | | | | |
| Iced Tea | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | | | | | | |
| Iced Tea 'n' Lemonade | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 18 | 0 | | | | | | | | | | |
| Iced Tea 'n' Lemonade - 32 oz. To-Go | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 37 | 0 | 33 | 0 | | | | | | | | | | |
| BRISK® Raspberry Iced Tea | 70 | 0 | 0 | 0 | 0 | 0 | 80 | 19 | 0 | 19 | 0 | | | | | | | | | | |
| BRISK® Raspberry Iced Tea - 32 oz. To-Go | 130 | 0 | 0 | 0 | 0 | 0 | 140 | 34 | 0 | 34 | 0 | | | | | | | | | | |
| Orange Juice, small | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 35 | 0 | 32 | 2 | | | | | | | | | | |
| Orange Juice, large | 250 | 5 | 0 | 0 | 0 | 0 | 5 | 61 | 0 | 54 | 4 | | | | | | | | | | |
| Cranberry Juice, small | 180 | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 43 | 0 | | | | | | | | | | |
| Cranberry Juice, large | 310 | 0 | 0 | 0 | 0 | 0 | 5 | 77 | 0 | 74 | 0 | | | | | | | | | | |
| Apple Juice, small | 140 | 0 | 0 | 0 | 0 | 0 | 20 | 35 | 0 | 34 | 0 | | | | | | | | | | |
| Apple Juice, large | 250 | 0 | 0 | 0 | 0 | 0 | 40 | 61 | 0 | 59 | 0 | | | | | | | | | | |
| Grapefruit Juice, small | 120 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 29 | 1 | | | | | | | | | | |
| Grapefruit Juice, large | 210 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 0 | 50 | 2 | | | | | | | | | | |
| Tomato Juice, small | 100 | 0 | 0 | 0 | 0 | 0 | 1310 | 19 | 4 | 14 | 4 | | | | | | | | | | |
| Tomato Juice, large | 170 | 0 | 0 | 0 | 0 | 0 | 2250 | 33 | 7 | 23 | 7 | | | | | | | | | | |



Nutritional/Allergen Menu

BEVERAGES continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|
| Strawberry Limeade | 390 | 0 | 0 | 0 | 0 | 0 | 45 | 102 | 1 | 97 | 0 | | | | | | | | | | |
| Blueberry Pomegranate Limeade | 280 | 0 | 0 | 0 | 0 | 0 | 30 | 69 | 1 | 67 | 0 | | | | | | | | | | |
| Strawberry Lemonade | 180 | 0 | 0 | 0 | 0 | 0 | 20 | 46 | 0 | 42 | 0 | | | | | | | | | | |
| Chocolate Shake | 540 | 230 | 26 | 15 | 0 | 120 | 160 | 66 | 1 | 60 | 11 | • | | • | | | | | | | |
| Strawberry Shake | 480 | 230 | 25 | 15 | 0 | 120 | 170 | 53 | 0 | 50 | 10 | • | | • | | | | | | | |
| Vanilla Shake | 520 | 230 | 25 | 15 | 0 | 120 | 150 | 63 | 0 | 61 | 10 | • | | • | | | | | | | |
| Cookies 'n' Cream Shake | 530 | 260 | 29 | 16 | 0 | 120 | 220 | 57 | 0 | 48 | 11 | • | | • | | | • | | • | | • |
| PEPSI® | 150 | 0 | 0 | 0 | 0 | 0 | 30 | 40 | 0 | 40 | 0 | | | | | | | | | | |
| PEPSI® - 32 oz. To-Go | 280 | 0 | 0 | 0 | 0 | 0 | 55 | 74 | 0 | 74 | 0 | | | | | | | | | | |
| DIET PEPSI® | 0 | 0 | 0 | 0 | 0 | 0 | 35 | 0 | 0 | 0 | 0 | | | | | | | | | | |
| DIET PEPSI® - 32 oz. To-Go | 0 | 0 | 0 | 0 | 0 | 0 | 65 | 0 | 0 | 0 | 0 | | | | | | | | | | |
| MIST TWST® | 150 | 0 | 0 | 0 | 0 | 0 | 35 | 39 | 0 | 39 | 0 | | | | | | | | | | |
| MIST TWST® - 32 oz. To-Go | 280 | 0 | 0 | 0 | 0 | 0 | 65 | 72 | 0 | 72 | 0 | | | | | | | | | | |
| MTN DEW® | 170 | 0 | 0 | 0 | 0 | 0 | 60 | 46 | 0 | 46 | 0 | | | | | | | | | | |
| MTN DEW® - 32 oz. To-Go | 300 | 0 | 0 | 0 | 0 | 0 | 110 | 84 | 0 | 84 | 0 | | | | | | | | | | |
| DR PEPPER® | 140 | 0 | 0 | 0 | 0 | 0 | 45 | 39 | 0 | 38 | 0 | | | | | | | | | | |
| DR PEPPER® - 32 oz. To-Go | 260 | 0 | 0 | 0 | 0 | 0 | 80 | 72 | 0 | 70 | 0 | | | | | | | | | | |
| Lemonade | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 39 | 0 | 36 | 0 | | | | | | | | | | |
| Lemonade - 32 oz. To-Go | 280 | 0 | 0 | 0 | 0 | 0 | 0 | 72 | 0 | 66 | 0 | | | | | | | | | | |

COCKTAILS (Limited availability)

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|
| Bloody Mary, glass | 190 | 5 | 1 | 0 | 0 | 0 | 1300 | 11 | 1 | 7 | 2 | | • | | | | • | | • | | • |
| Mimosa, glass | 110 | 0 | 0 | 0 | 0 | 0 | 10 | 10 | 0 | 8 | 1 | | | | | | | | | | |
| Prosecco, glass | 130 | 0 | 0 | 0 | 0 | 0 | 10 | 5 | 0 | 2 | 0 | | | | | | | | | | |



Nutritional/Allergen Menu

kids' MENU ITEMS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Grilled French Toast | 500 | 110 | 12 | 2.5 | 0 | 165 | 410 | 86 | 1 | 43 | 11 | • | | • | | | • | | • | • |
| Junior Breakfast with Bacon | 270 | 140 | 16 | 4 | 0 | 245 | 370 | 18 | 1 | 1 | 12 | • | | • | | | • | | • | • |
| Junior Breakfast with Sausage Link | 320 | 180 | 20 | 6 | 0 | 260 | 470 | 18 | 1 | 1 | 14 | • | | • | | | • | | • | • |
| Belgian Waffle | 460 | 120 | 13 | 4.5 | 0 | 55 | 520 | 78 | 0 | 36 | 4 | • | | • | | | • | | • | • |
| Grilled Cheese | 410 | 200 | 22 | 10 | 0 | 30 | 880 | 34 | 1 | 2 | 14 | | | • | | | • | | • | • |
| Kids' Crush Cheeseburger | 640 | 350 | 39 | 16 | 0 | 75 | 990 | 43 | 1 | 7 | 25 | | | • | | | • | | • | • |
| The Vill-Inn with Buttermilk Pancakes with 2 Bacon Strips | 600 | 280 | 31 | 10 | 0 | 350 | 1240 | 56 | 1 | 14 | 21 | • | | • | | | • | | • | • |
| The Vill-Inn with Chocolate Chip Pancakes with 2 Bacon Strips | 660 | 320 | 35 | 12 | 0 | 355 | 1250 | 64 | 2 | 21 | 22 | • | | • | | | • | | • | • |
| The Vill-Inn with Blueberry Pancakes with 2 Bacon Strips | 620 | 280 | 31 | 10 | 0 | 350 | 1240 | 61 | 2 | 18 | 21 | • | | • | | | • | | • | • |
| The Vill-Inn with Buttermilk Pancakes with 2 Sausage Links | 700 | 360 | 40 | 12 | 0 | 380 | 1430 | 56 | 1 | 14 | 25 | • | | • | | | • | | • | • |
| The Vill-Inn with Chocolate Chip Pancakes with 2 Sausage Links | 770 | 400 | 44 | 15 | 0 | 385 | 1440 | 64 | 2 | 21 | 27 | • | | • | | | • | | • | • |
| The Vill-Inn with Blueberry Pancakes with 2 Sausage Links | 720 | 360 | 40 | 12 | 0 | 380 | 1430 | 61 | 2 | 18 | 26 | • | | • | | | • | | • | • |
| Bucky's Mini-Hotcakes | 470 | 80 | 9 | 2.5 | 0 | 65 | 710 | 91 | 1 | 44 | 6 | • | | • | | | | | • | • |
| Macaroni & Cheese | 310 | 80 | 9 | 2.5 | 0 | 15 | 550 | 45 | 2 | 8 | 11 | | | • | | | | | • | • |
| Clucker Dunkers Grilled | 430 | 310 | 34 | 1.5 | 0 | 95 | 760 | 2 | 0 | 2 | 25 | • | | • | | | • | | | |
| Clucker Dunkers Crispy | 600 | 420 | 46 | 3.5 | 0 | 70 | 1210 | 24 | 1 | 2 | 20 | • | | • | | | • | | • | • |
| KIDS' SIDES | | | | | | | | | | | | | | | | | | | | |
| Fresh Fruit | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 6 | 0 | | | | | | | | | |
| Banana Slices | 50 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 2 | 7 | 1 | | | | | | | | | |
| Hash Browns | 160 | 60 | 7 | 1.5 | 0 | 0 | 390 | 20 | 1 | 0 | 3 | | | | | | • | | | |
| Cinnamon Apples | 100 | 0 | 0 | 0 | 0 | 0 | 80 | 24 | 1 | 22 | 0 | | | • | | | | | | |
| Fresh Broccoli | 25 | 5 | 0 | 0 | 0 | 0 | 25 | 4 | 2 | 1 | 3 | | | | | | | | | |
| French Fries | 370 | 180 | 20 | 3 | 0 | 0 | 270 | 34 | 3 | 0 | 3 | | | | | | • | | | |
| Natural Applesauce | 50 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 1 | 11 | 0 | | | | | | | | | |



Nutritional/Allergen Menu

kids' MENU ITEMS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| KIDS' SIDES continued | | | | | | | | | | | | | | | | | | | | | |
| Toast | | | | | | | | | | | | | | | | | | | | | |
| White (1 slice) | 140 | 45 | 5 | 1.5 | 0 | 0 | 200 | 17 | 1 | 1 | 3 | | | • | | | • | | • | • | |
| Wheat (1 slice) | 180 | 50 | 6 | 1.5 | 0 | 0 | 270 | 25 | 2 | 3 | 5 | | | • | | | • | | • | • | |
| Rye (1 slice) | 180 | 50 | 6 | 1.5 | 0 | 0 | 220 | 25 | 2 | 1 | 5 | | | • | | | • | | • | • | |
| Sourdough (1 slice) | 170 | 45 | 5 | 1.5 | 0 | 0 | 280 | 24 | 1 | 1 | 5 | | | • | | | • | | • | • | |
| Pirate's Booty (pre-packed) | 130 | 45 | 5 | 1 | 0 | 0 | 140 | 19 | 0 | 0 | 2 | | | • | | | | | | | |
| Simply Go-GURT® | 70 | 5 | 0.5 | 0 | 0 | 5 | 30 | 13 | 0 | 10 | 2 | | | • | | | | | | | |
| KIDS' DRINKS | | | | | | | | | | | | | | | | | | | | | |
| Milk | 150 | 50 | 6 | 3.5 | 0 | 25 | 150 | 14 | 0 | 14 | 9 | | | • | | | | | | | |
| Chocolate Milk (Whole Milk) | 250 | 80 | 9 | 6 | 0 | 40 | 230 | 33 | 0 | 30 | 9 | | | • | | | | | | | |
| Chocolate Milk (1% Milk) | 170 | 25 | 3 | 1.5 | 0 | 10 | 210 | 27 | 0 | 25 | 9 | | | • | | | | | | | |
| Lemonade | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 21 | 0 | | | | | | | | | | |
| Strawberry Lemonade | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 26 | 0 | 24 | 0 | | | | | | | | | | |
| Hot Chocolate | 180 | 25 | 2.5 | 1.5 | 0 | 5 | 290 | 39 | 0 | 29 | 0 | | | • | | | | • | | | |
| Juice - Orange | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 27 | 2 | | | | | | | | | | |
| Juice - Cranberry | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 38 | 0 | 37 | 0 | | | | | | | | | | |
| Juice - Apple | 120 | 0 | 0 | 0 | 0 | 0 | 20 | 30 | 0 | 29 | 0 | | | | | | | | | | |
| Juice - Grapefruit | 110 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 25 | 1 | | | | | | | | | | |
| Juice - Tomato | 80 | 0 | 0 | 0 | 0 | 0 | 1130 | 17 | 3 | 12 | 3 | | | | | | | | | | |
| Minute Maid® Fruit Punch | 40 | 0 | 0 | 0 | 0 | 0 | 10 | 10 | 0 | 9 | 0 | | | | | | | | | | |
| PEPSI® | 90 | 0 | 0 | 0 | 0 | 0 | 15 | 24 | 0 | 24 | 0 | | | | | | | | | | |
| DIET PEPSI® | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 0 | 0 | | | | | | | | | | |
| MIST TWST® | 90 | 0 | 0 | 0 | 0 | 0 | 20 | 23 | 0 | 23 | 0 | | | | | | | | | | |
| MTN DEW® | 100 | 0 | 0 | 0 | 0 | 0 | 35 | 27 | 0 | 27 | 0 | | | | | | | | | | |
| DR PEPPER® | 80 | 0 | 0 | 0 | 0 | 0 | 25 | 23 | 0 | 22 | 0 | | | | | | | | | | |
| BRISK® Raspberry Iced Tea | 40 | 0 | 0 | 0 | 0 | 0 | 45 | 11 | 0 | 11 | 0 | | | | | | | | | | |



Nutritional/Allergen Menu

kids' MENU ITEMS continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-----------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|---|
| KIDS' DESSERTS | | | | | | | | | | | | | | | | | | | | | |
| Kids' Sundae, Blueberry | 200 | 70 | 8 | 4.5 | 0 | 35 | 40 | 29 | 1 | 27 | 2 | • | | • | | | | | | | |
| Kids' Sundae, Hot Fudge | 270 | 120 | 13 | 9 | 0 | 35 | 80 | 36 | 0 | 30 | 2 | • | | • | | | • | • | | | |
| Kids' Sundae, OREO® cookie pieces | 200 | 90 | 10 | 5 | 0 | 35 | 75 | 23 | 0 | 18 | 2 | • | | • | | | • | | • | | • |
| Kids' Sundae, Strawberry | 310 | 70 | 8 | 4.5 | 0 | 35 | 35 | 57 | 0 | 55 | 2 | • | | • | | | | | | | |

senior BRIGHTSIDE BREAKFASTS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Senior Buttermilk Pancakes | 490 | 190 | 21 | 7 | 0 | 110 | 1070 | 60 | 1 | 15 | 11 | • | | • | | | • | | • | • |
| Senior Strawberry Crepes with bacon strip | 540 | 220 | 25 | 9 | 0 | 125 | 640 | 64 | 3 | 25 | 12 | • | | • | | | • | | • | • |
| Senior Strawberry Crepes with sausage link | 590 | 260 | 30 | 11 | 0 | 140 | 740 | 64 | 3 | 25 | 15 | • | | • | | | • | | • | • |
| Senior French Toast with 2 bacon strips | 520 | 290 | 32 | 9 | 0 | 410 | 660 | 33 | 1 | 8 | 22 | • | | • | | | • | | • | • |
| Senior French Toast with 2 sausage links | 620 | 370 | 41 | 12 | 0 | 445 | 850 | 34 | 1 | 9 | 27 | • | | • | | | • | | • | • |
| Senior Belgian Waffle with 2 bacon strips | 490 | 300 | 33 | 11 | 0 | 310 | 800 | 27 | 0 | 1 | 15 | • | | • | | | • | | • | • |
| Senior Belgian Waffle with 2 sausage links | 590 | 380 | 42 | 14 | 0 | 340 | 990 | 27 | 0 | 1 | 20 | • | | • | | | • | | • | • |
| Senior Chicken-Fried Steak & Eggs | 1000 | 520 | 58 | 16 | 0 | 575 | 2130 | 79 | 3 | 9 | 34 | • | | • | | | • | | • | • |
| Senior Skillet | 1120 | 650 | 72 | 20 | 0 | 375 | 1760 | 88 | 6 | 12 | 37 | • | | • | | | • | | • | • |
| Senior Breakfast with 2 bacon strips | 490 | 260 | 29 | 9 | 0 | 315 | 950 | 37 | 1 | 9 | 17 | • | | • | | | • | | • | • |
| Senior Breakfast with 2 sausage links | 590 | 340 | 38 | 12 | 0 | 345 | 1140 | 38 | 1 | 9 | 22 | • | | • | | | • | | • | • |
| Senior Ham & Cheese Omelette | 810 | 460 | 51 | 18 | 0 | 585 | 1760 | 61 | 2 | 10 | 34 | • | | • | | | • | | • | • |
| Senior Veggie Omelette | 640 | 180 | 20 | 7 | 0 | 100 | 1390 | 92 | 6 | 31 | 30 | • | | • | | | • | | • | • |



Nutritional/Allergen Menu

senior SATISFYING LUNCH

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Senior Bacon, Lettuce & Tomato Sandwich | 810 | 400 | 44 | 6 | 0 | 35 | 1090 | 71 | 5 | 3 | 19 | • | | | | | • | | • | • | |
| Senior Half Turkey Sandwich | 230 | 90 | 10 | 1 | 0 | 30 | 500 | 18 | 1 | 2 | 13 | • | | | | | • | | • | • | |
| Senior Half Ham Sandwich | 250 | 120 | 13 | 2.5 | 0 | 40 | 690 | 19 | 1 | 3 | 18 | • | | • | | | • | | • | • | |
| Senior Soup Options see soup section | | | | | | | | | | | | | | | | | | | | | |
| Senior Half Reuben | 750 | 380 | 42 | 11 | 0 | 55 | 1390 | 63 | 6 | 3 | 28 | • | | • | | | • | | • | • | |
| Senior Open-Faced Sandwich - Turkey Breast | 390 | 110 | 12 | 5 | 0 | 30 | 1770 | 50 | 3 | 4 | 17 | | | • | | | • | • | • | • | |
| Senior Open-Faced Sandwich - Roast Beef | 470 | 160 | 18 | 7 | 0 | 50 | 2180 | 53 | 3 | 3 | 25 | | | • | | | • | • | • | • | |

EARLY DINNER DEALS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| Right Size Chicken-Fried Steak | 640 | 330 | 37 | 13 | 0 | 35 | 1780 | 54 | 2 | 2 | 17 | • | | • | | | • | | • | • |
| Slow Roasted Turkey | 570 | 200 | 22 | 9 | 0 | 55 | 1850 | 58 | 1 | 21 | 26 | | | • | | | • | | • | • |
| Smothered Chicken | 520 | 270 | 31 | 9 | 0 | 100 | 810 | 29 | 1 | 3 | 38 | | | • | | | • | | • | • |
| Chicken Stir-Fry Dinner Skillet | 710 | 240 | 27 | 6 | 0 | 70 | 2790 | 80 | 4 | 21 | 32 | • | | • | | | • | | • | • |
| Top Sirloin (Florida only) | 360 | 100 | 11 | 2.5 | 0 | 80 | 890 | 27 | 1 | 2 | 36 | | | • | | | • | | • | • |
| Early Dinner Breakfast Skillet | 1120 | 650 | 72 | 20 | 0 | 375 | 1760 | 88 | 6 | 12 | 37 | • | | • | | | • | | • | • |

gluten sensitive CLASSIC BREAKFASTS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
|---------------------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|
| 2 Eggs, any style except poached | 220 | 160 | 18 | 5 | 0 | 475 | 150 | 1 | 0 | 0 | 13 | • | | | | | • | | | |
| Egg Whites (4 oz) | 120 | 60 | 7 | 1.5 | 0 | 0 | 190 | 1 | 0 | 1 | 12 | • | | | | | • | | | |
| Low-Cholesterol Egg Substitute (4 oz) | 140 | 80 | 9 | 2 | 0 | 95 | 320 | 1 | 0 | 1 | 13 | • | | | | | • | | | |
| 2 Poached Eggs | 140 | 90 | 10 | 3 | 0 | 370 | 140 | 1 | 0 | 0 | 13 | • | | | | | • | | | |
| Bacon & Eggs | 520 | 310 | 34 | 9 | 0 | 500 | 970 | 29 | 2 | 6 | 25 | • | | | | | • | | | |



Nutritional/Allergen Menu

gluten sensitive CLASSIC BREAKFASTS continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Sausage Links & Eggs | 730 | 470 | 53 | 15 | 0.5 | 560 | 1350 | 30 | 2 | 7 | 35 | • | | | | | • | | | | |
| Sausage Patties & Eggs | 880 | 630 | 70 | 24 | 0 | 590 | 1670 | 31 | 2 | 7 | 32 | • | | | | | • | | | | |
| Ultimate Breakfast | 850 | 560 | 62 | 18 | 0.5 | 595 | 2440 | 32 | 2 | 9 | 46 | • | | | | | • | | | | |
| Top Sirloin & Eggs | 640 | 330 | 37 | 10 | 0 | 550 | 1190 | 30 | 2 | 6 | 47 | • | | • | | | • | | | | |

gluten sensitive SKILLETS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Ultimate Skillet | 950 | 640 | 72 | 27 | 0.5 | 610 | 2220 | 41 | 4 | 11 | 55 | • | | • | | | • | | | | |
| Garden Skillet | 650 | 450 | 51 | 20 | 0.5 | 525 | 910 | 35 | 3 | 8 | 32 | • | | • | | | • | | | | |

gluten sensitive KIDS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Junior Breakfast with bacon and fresh fruit | 170 | 100 | 11 | 3.5 | 0 | 245 | 190 | 8 | 1 | 6 | 9 | • | | | | | • | | | | |
| Junior Breakfast with sausage link and fresh fruit | 220 | 140 | 16 | 4.5 | 0 | 260 | 280 | 8 | 1 | 6 | 12 | • | | | | | • | | | | |
| Junior Breakfast with bacon and hash browns | 290 | 160 | 18 | 4.5 | 0 | 245 | 570 | 21 | 1 | 0 | 11 | • | | | | | • | | | | |
| Junior Breakfast with sausage link and hash browns | 350 | 200 | 23 | 6 | 0 | 260 | 660 | 21 | 1 | 0 | 14 | • | | | | | • | | | | |



Nutritional/Allergen Menu

gluten sensitive LUNCHES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Classy Cobb Salad (no dressing) | 450 | 270 | 30 | 10 | 0 | 305 | 1020 | 14 | 6 | 5 | 32 | • | | • | | | | | | | |
| Classy Cobb Salad (no dressing), lunch size | 270 | 160 | 18 | 6 | 0 | 270 | 550 | 8 | 3 | 3 | 20 | • | | • | | | | | | | |
| All-American Cheeseburger | 400 | 280 | 31 | 13 | 0 | 95 | 390 | 7 | 2 | 4 | 19 | | | | | | | | | | |
| Substitute Chicken Breast | 190 | 90 | 10 | 2 | 0 | 75 | 430 | 0 | 0 | 0 | 24 | | | | | | • | | | | |

gluten sensitive DINNERS

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| Top Sirloin, 6 oz | 240 | 100 | 12 | 3.5 | 0 | 80 | 660 | 1 | 0 | 0 | 31 | | | • | | | • | | | | |

gluten BEVERAGES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|-----------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| See above | | | | | | | | | | | | | | | | | | | | | |

• Contains indicated allergen

Nutritional information and ingredient statements are based on current formulations and standard recipes, using data provided by our suppliers and distributors, and are meant to provide a general estimate of nutritional values associated with our menu items. Variations can be expected due to seasonal influences, differences in product preparation per restaurant, substitution of ingredients, customized ordering and other factors. Some menu items, including test products and regional items, may not be available in all restaurants. If you have food allergies, you should know that we use milk, eggs, tree nuts, peanuts, seafood, soy, wheat, sesame products, crustacean shellfish, fish, sulfites and other allergens in our kitchens. Unless otherwise noted, items are prepared in common areas and food prepared at our restaurants may come in contact with or contain traces of these products and other potential allergens or ingredients.



Pie Nutritional/Allergen Menu

Village Inn Restaurants has provided this guide for menu nutritional information to help you make better informed decisions when dining at Village Inn. To use this guide, simply look for the menu item in the appropriate section to see the nutritional information. Please note that we often make changes to our menu to better serve you, so be sure to check back to the website for the most updated information. Thank you!

PIES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| CLASSIC FRUIT PIES | | | | | | | | | | | | | | | | | | | | | |
| Cherry, Slice | 520 | 220 | 24 | 10 | 0 | 10 | 290 | 71 | 2 | 34 | 4 | • | | • | | | • | | • | • | |
| Cherry, Whole | 3130 | 1310 | 145 | 60 | 0 | 65 | 1760 | 428 | 12 | 206 | 26 | • | | • | | | • | | • | • | |
| Country Apple, Slice | 530 | 230 | 25 | 11 | 0 | 10 | 440 | 72 | 3 | 41 | 3 | • | | • | | | • | | • | • | |
| Country Apple, Whole | 3200 | 1360 | 152 | 67 | 0 | 65 | 2660 | 434 | 18 | 248 | 20 | • | | • | | | • | | • | • | |
| Peach Lattice, Slice | 450 | 210 | 23 | 10 | 0 | 10 | 390 | 56 | 2 | 27 | 4 | • | | • | | | • | | • | • | |
| Peach Lattice, Whole | 2720 | 1260 | 140 | 61 | 0 | 65 | 2360 | 338 | 12 | 164 | 26 | • | | • | | | • | | • | • | |
| Strawberry Rhubarb, Slice | 490 | 230 | 26 | 11 | 0 | 10 | 430 | 64 | 3 | 29 | 4 | • | | • | | | • | | • | • | |
| Strawberry Rhubarb, Whole | 2960 | 1380 | 154 | 65 | 0 | 65 | 2590 | 383 | 16 | 174 | 26 | • | | • | | | • | | • | • | |
| Triple Berry, Slice | 520 | 220 | 24 | 10 | 0 | 10 | 400 | 66 | 4 | 30 | 4 | • | | • | | | • | | • | • | |
| Triple Berry, Whole | 3140 | 1310 | 146 | 61 | 0 | 65 | 2420 | 398 | 24 | 182 | 26 | • | | • | | | • | | • | • | |
| No-Sugar Added Apple, Slice | 500 | 270 | 30 | 12 | 0 | 10 | 420 | 55 | 3 | 20 | 4 | • | | • | | | • | | • | • | |
| No-Sugar Added Apple, Whole | 2980 | 1600 | 177 | 72 | 0 | 65 | 2500 | 328 | 16 | 120 | 26 | • | | • | | | • | | • | • | |
| SEASONAL PIES | | | | | | | | | | | | | | | | | | | | | |
| Key Lime, Slice | 560 | 210 | 23 | 11 | 0 | 65 | 190 | 75 | 0 | 61 | 7 | | | • | | | • | | • | • | |
| Key Lime, Whole | 3350 | 1270 | 141 | 67 | 0 | 400 | 1140 | 449 | 0 | 363 | 42 | | | • | | | • | | • | • | |
| Pecan, Slice | 670 | 300 | 33 | 11 | 0 | 125 | 450 | 85 | 3 | 68 | 7 | • | | • | | | • | • | • | • | |
| Pecan, Whole | 4000 | 1800 | 200 | 64 | 0 | 760 | 2720 | 512 | 16 | 408 | 40 | • | | • | | | • | • | • | • | |
| FEATURE PIES | | | | | | | | | | | | | | | | | | | | | |
| Hawaiian Strawberry, Slice | 630 | 370 | 41 | 21 | 0 | 90 | 320 | 55 | 2 | 36 | 5 | | | • | | | • | • | • | • | |
| Hawaiian Strawberry, Whole | 3760 | 2210 | 246 | 125 | 3 | 545 | 1930 | 330 | 13 | 215 | 27 | | | • | | | • | • | • | • | |
| Ultimate Chocolate Chip Cookie Dough, Slice | 710 | 440 | 49 | 27 | 1 | 170 | 410 | 67 | 1 | 43 | 7 | • | | • | • | | • | | • | • | |



Pie Nutritional/Allergen Menu

PIES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| FEATURE PIES continued | | | | | | | | | | | | | | | | | | | | | |
| Ultimate Chocolate Chip Cookie Dough, Whole | 4260 | 2650 | 294 | 162 | 6 | 1020 | 2460 | 402 | 6 | 258 | 42 | • | | • | • | | • | | • | • | |
| Peach Pecan Paradise, Slice | 680 | 420 | 47 | 24 | 1 | 100 | 400 | 55 | 1 | 35 | 5 | | | • | | | • | • | • | • | |
| Peach Pecan Paradise, Whole | 4060 | 2520 | 280 | 145 | 6 | 600 | 2430 | 332 | 8 | 212 | 31 | | | • | | | • | • | • | • | |
| SILKS & CREAM PIES | | | | | | | | | | | | | | | | | | | | | |
| Banana Cream, Slice | 560 | 290 | 32 | 12 | 0 | 80 | 330 | 58 | 3 | 34 | 6 | • | | • | | | • | • | • | • | |
| Banana Cream, Whole | 3330 | 1720 | 192 | 74 | 0 | 490 | 1980 | 347 | 16 | 207 | 39 | • | | • | | | • | • | • | • | |
| Caramel Pecan Silk Supreme, Slice | 790 | 490 | 54 | 25 | 1 | 145 | 370 | 66 | 1 | 47 | 6 | • | | • | | | • | • | • | • | |
| Caramel Pecan Silk Supreme, Whole | 4740 | 2930 | 325 | 153 | 6 | 880 | 2250 | 398 | 7 | 280 | 38 | • | | • | | | • | • | • | • | |
| Chocolate Peanut Butter Cup, Slice | 810 | 480 | 54 | 27 | 0.5 | 160 | 400 | 76 | 2 | 63 | 9 | • | | • | • | | • | • | • | • | |
| Chocolate Peanut Butter Cup, Whole | 4890 | 2900 | 322 | 161 | 3 | 960 | 2400 | 454 | 12 | 377 | 54 | • | | • | • | | • | • | • | • | |
| Coconut Cream, Slice | 580 | 300 | 34 | 16 | 0 | 95 | 440 | 58 | 2 | 36 | 7 | • | | • | | | • | • | • | • | |
| Coconut Cream, Whole | 3480 | 1820 | 202 | 98 | 0 | 570 | 2620 | 350 | 11 | 213 | 41 | • | | • | | | • | • | • | • | |
| French Silk, Slice | 650 | 390 | 43 | 22 | 0.5 | 155 | 320 | 56 | 2 | 40 | 5 | • | | • | | | • | | • | • | |
| French Silk, Whole | 3920 | 2340 | 260 | 132 | 3 | 940 | 1920 | 339 | 10 | 242 | 32 | • | | • | | | • | | • | • | |
| Lemon Meringue, Slice | 450 | 120 | 13 | 6 | 0 | 15 | 320 | 77 | 0 | 55 | 2 | • | | • | | | • | | • | • | |
| Lemon Meringue, Whole | 2710 | 720 | 80 | 35 | 0 | 100 | 1900 | 461 | 0 | 331 | 10 | • | | • | | | • | | • | • | |
| Lemon Supreme, Slice | 820 | 480 | 53 | 29 | 1 | 160 | 380 | 78 | 1 | 58 | 5 | • | | • | | | • | | • | • | |
| Lemon Supreme, Whole | 4950 | 2860 | 318 | 177 | 6 | 965 | 2280 | 468 | 6 | 349 | 30 | • | | • | | | • | | • | • | |
| CAKES | | | | | | | | | | | | | | | | | | | | | |
| Carrot Cake, Slice | 1320 | 580 | 64 | 23 | 1 | 170 | 720 | 170 | 5 | 136 | 15 | • | | • | | | • | • | • | • | |
| Carrot Cake, Whole | 10560 | 4610 | 512 | 184 | 8 | 1360 | 5760 | 1360 | 40 | 1088 | 120 | • | | • | | | • | • | • | • | |
| Cheesecake, Slice, Plain | 500 | 310 | 34 | 20 | 1 | 155 | 580 | 40 | 1 | 29 | 8 | • | | • | | | • | | • | • | |
| Cheesecake, Whole, Plain | 6010 | 3680 | 409 | 240 | 12 | 1860 | 6970 | 481 | 12 | 348 | 96 | • | | • | | | • | | • | • | |



Pie Nutritional/Allergen Menu

PIES

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| CAKES continued | | | | | | | | | | | | | | | | | | | | | |
| Cheesecake, Slice with Blueberry Topping | 560 | 310 | 34 | 20 | 1 | 155 | 600 | 55 | 2 | 43 | 8 | • | | • | | | • | | • | • | |
| Cheesecake, Slice with Strawberry Topping | 540 | 310 | 34 | 20 | 1 | 155 | 600 | 50 | 1 | 38 | 8 | • | | • | | | • | | • | • | |
| Cheesecake, Slice with Caramel Pecan Sauce | 650 | 380 | 43 | 25 | 1 | 175 | 640 | 56 | 1 | 45 | 8 | • | | • | | | • | • | • | • | |
| DESSERT TOPPINGS | | | | | | | | | | | | | | | | | | | | | |
| Ice Cream | 90 | 45 | 5 | 3 | 0 | 25 | 25 | 9 | 0 | 8 | 2 | • | | • | | | | | | | |
| Strawberry | 100 | 0 | 0 | 0 | 0 | 0 | 35 | 24 | 1 | 21 | 1 | | | | | | | | | | |
| Blueberry | 250 | 5 | 0.5 | 0 | 0 | 0 | 75 | 62 | 2 | 57 | 0 | | | | | | | | | | |
| Whipped Cream | 20 | 15 | 1.5 | 0.5 | 0 | 5 | 0 | 1 | 0 | 1 | 0 | | | • | | | | | | | |
| Hot Fudge | 130 | 45 | 5 | 5 | 0 | 0 | 60 | 23 | 0 | 17 | 1 | | | | | | • | • | | | |

- Contains indicated allergen

Nutritional information and ingredient statements are based on current formulations and standard recipes, using data provided by our suppliers and distributors, and are meant to provide a general estimate of nutritional values associated with our menu items. Variations can be expected due to seasonal influences, differences in product preparation per restaurant, substitution of ingredients, customized ordering and other factors. Some menu items, including test products and regional items, may not be available in all restaurants. If you have food allergies, you should know that we use milk, eggs, tree nuts, peanuts, seafood, soy, wheat, sesame products, crustacean shellfish, fish, sulfites and other allergens in our kitchens. Unless otherwise noted, items are prepared in common areas and food prepared at our restaurants may come in contact with or contain traces of these products and other potential allergens or ingredients.



Feature 2 Nutritional/Allergen Menu

Village Inn Restaurants has provided this guide for menu nutritional information to help you make better informed decisions when dining at Village Inn. To use this guide, simply look for the menu item in the appropriate section to see the nutritional information. Please note that we often make changes to our menu to better serve you, so be sure to check back to the website for the most updated information. Thank you!

FEATURE 2

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|---|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| EGGS | | | | | | | | | | | | | | | | | | | | | |
| 2 Eggs, any style except poached | 220 | 160 | 18 | 5 | 0 | 475 | 150 | 1 | 0 | 0 | 13 | • | | | | | • | | | | |
| Egg Whites (4 oz) | 120 | 60 | 7 | 1.5 | 0 | 0 | 190 | 1 | 0 | 1 | 12 | • | | | | | • | | | | |
| Low-Cholesterol Egg Substitute (4 oz) | 140 | 80 | 9 | 2 | 0 | 95 | 320 | 1 | 0 | 1 | 13 | • | | | | | • | | | | |
| 2 Poached Eggs | 140 | 90 | 10 | 3 | 0 | 370 | 140 | 1 | 0 | 0 | 13 | • | | | | | | | | | |
| BREAKFAST FEATURES | | | | | | | | | | | | | | | | | | | | | |
| Big Country Skillet | 1360 | 840 | 93 | 29 | 0 | 630 | 2090 | 91 | 6 | 11 | 45 | • | | • | | | • | | • | • | |
| Triple Play with French Toast and Bacon | 860 | 480 | 53 | 15 | 0.5 | 975 | 1050 | 51 | 1 | 13 | 43 | • | | • | | | • | | • | • | |
| Triple Play with French Toast and Sausage | 1010 | 600 | 67 | 19 | 0.5 | 1020 | 1340 | 52 | 1 | 14 | 50 | • | | • | | | • | | • | • | |
| Triple Play with Pancakes and Bacon | 720 | 420 | 47 | 14 | 0 | 795 | 1190 | 39 | 1 | 9 | 33 | • | | • | | | • | | • | • | |
| Triple Play with Pancakes and Sausage | 870 | 550 | 61 | 18 | 0 | 845 | 1480 | 40 | 1 | 10 | 40 | • | | • | | | • | | • | • | |
| Strawberry Topping | 100 | 0 | 0 | 0 | 0 | 0 | 35 | 24 | 1 | 21 | 1 | | | | | | | | | | |
| Blueberry Topping | 250 | 5 | 0.5 | 0 | 0 | 0 | 75 | 62 | 2 | 57 | 0 | | | | | | | | | | |
| Cinnamon Apple Topping | 150 | 0 | 0 | 0 | 0 | 0 | 120 | 36 | 2 | 33 | 0 | | | • | | | | | | | |
| Strawberry Banana Topping | 190 | 5 | 0 | 0 | 0 | 0 | 35 | 48 | 4 | 33 | 2 | | | | | | | | | | |
| Whipped Cream | 20 | 15 | 1.5 | 0.5 | 0 | 5 | 0 | 1 | 0 | 1 | 0 | | | • | | | | | | | |
| Tomato Florentine Omelette | 1080 | 650 | 74 | 27 | 0.5 | 845 | 1920 | 69 | 4 | 12 | 55 | • | | • | | | • | | • | • | |
| LUNCH/DINNER FEATURES | | | | | | | | | | | | | | | | | | | | | |
| Reuben Burger (no side) | 1100 | 730 | 81 | 31 | 0 | 185 | 1960 | 55 | 2 | 13 | 54 | • | | • | | | • | | • | • | |
| Patty Melt (no side) | 930 | 560 | 63 | 26 | 0 | 135 | 1120 | 54 | 5 | 3 | 40 | | | • | | | • | | • | • | |



Feature 2 Nutritional/Allergen Menu

FEATURE 2 continued

| | Total calories (cal) | Calories from fat (fat cal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat | Gluten | |
|--------------------------|----------------------|-----------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|------|------|------|---------|-----------|-----|-----------|-------|--------|--|
| BURGER SIDES | | | | | | | | | | | | | | | | | | | | | |
| Seasoned French Fries | 370 | 180 | 20 | 3 | 0 | 0 | 270 | 34 | 3 | 0 | 3 | | | | | | • | | | | |
| Fresh Coleslaw | 140 | 100 | 11 | 1.5 | 0 | 15 | 260 | 10 | 1 | 9 | 1 | • | | | | | • | | | | |
| Fresh Fruit | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 6 | 0 | | | | | | | | | | |
| Side Salad (no dressing) | 30 | 5 | 0.5 | 0 | 0 | 0 | 50 | 6 | 1 | 2 | 1 | | | • | | | | | • | • | |
| SOUPS | | | | | | | | | | | | | | | | | | | | | |
| Chicken Noodle, Cup | 45 | 0 | 0 | 0 | 0 | 15 | 760 | 8 | 1 | 1 | 3 | • | | | | | | | • | • | |
| Tomato Basil, Cup | 180 | 130 | 15 | 9 | 0 | 45 | 590 | 9 | 1 | 4 | 1 | | | • | | | • | | | | |
| Clam Chowder, Cup | 120 | 70 | 8 | 2.5 | 0 | 10 | 690 | 11 | 0 | 2 | 3 | | | • | | • | • | | • | • | |
| Cream of Broccoli, Cup | 90 | 50 | 5 | 3.5 | 0 | 15 | 600 | 6 | 2 | 1 | 3 | | | • | | | • | | • | • | |
| Vegetable Beef, Cup | 80 | 30 | 3 | 1 | 0 | 5 | 670 | 9 | 2 | 3 | 3 | | | | | | • | | • | • | |
| Wisconsin Cheese, Cup | 190 | 110 | 12 | 7 | 0 | 40 | 870 | 13 | 0 | 5 | 10 | | | • | | | • | | • | • | |

- Contains indicated allergen

Nutritional information and ingredient statements are based on current formulations and standard recipes, using data provided by our suppliers and distributors, and are meant to provide a general estimate of nutritional values associated with our menu items. Variations can be expected due to seasonal influences, differences in product preparation per restaurant, substitution of ingredients, customized ordering and other factors. Some menu items, including test products and regional items, may not be available in all restaurants. If you have food allergies, you should know that we use milk, eggs, tree nuts, peanuts, seafood, soy, wheat, sesame products, crustacean shellfish, fish, sulfites and other allergens in our kitchens. Unless otherwise noted, items are prepared in common areas and food prepared at our restaurants may come in contact with or contain traces of these products and other potential allergens or ingredients.